

The Perioperative Replacement of Exogenous Steroids

The PREdS Study

Frequently Asked Questions

Q. Who is running PREdS?

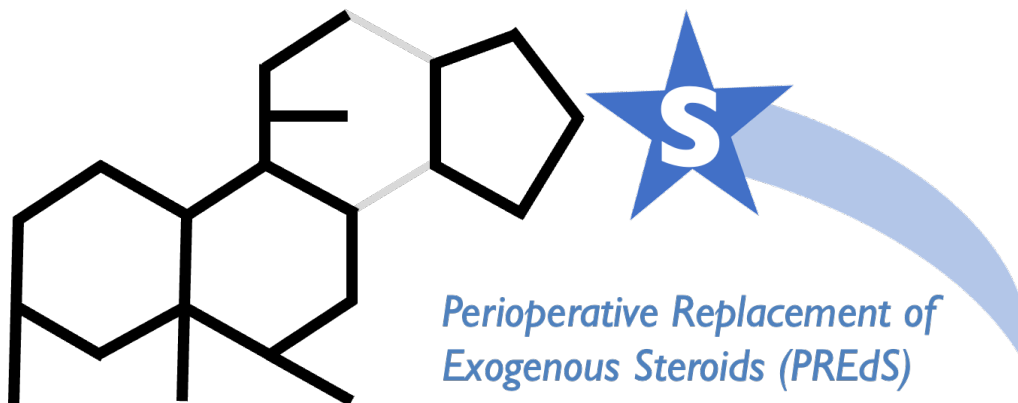
A. PREdS was designed by a team from the Severn Trainee Anaesthetic Research Network (STAR), a trainee research network based in the Severn Deanery. The lead hospital is the Bristol Royal Infirmary, University Hospitals Bristol and Weston NHS Trust, Upper Maudlin Street, Bristol.

Q. When will the study take place?

A. The study window will run from **26/09/2022 to 04/12/2022**. Data collection may take place over any two consecutive weeks within this timeframe. This was designed to allow maximum flexibility for each site to choose a data collection period that suits them.

Q. What is the aim of the study?

A. The aim of the study is to determine the number of patients presenting for procedures in the UK who are on long term steroid therapy, what the most common indications for steroid therapy in this group are, and how perioperative steroid supplementation is currently managed.



Perioperative Replacement of Exogenous Steroids (PREdS)

Q. How do I get involved?

A. We hope that each local trainee research network (TRN) will contact sites within their area to encourage participation. They should also be able to provide support in organising and running the study locally. If you haven't heard from your TRN however, you can still get involved. Contact the study team on predsstudy@gmail.com and we can help!

Q. Will I receive acknowledgement of my involvement?

A. Absolutely! You will receive a certificate of participation for your portfolio and will be listed as a collaborative author for any publications that follow.

Q. How many people need to be involved at each site?

A. We would recommend that each site has a lead consultant, at least one lead trainee investigator, and two or more local trainee investigators depending on the size of the site.

Q. Is patient consent required to collect the data?

A. No, as all information is anonymised, patient consent is not required, and local investigators are not required to have completed Good Clinical Practice (GCP) certification.

Q. Is ethical approval required at my site?

A. No, this study should be registered with your site as a service evaluation, which does not require ethical approval.

Q. How is the data uploaded?

A. Data should be uploaded directly by the anaesthetist involved with each case, to our study specific online data collection form via the link <https://redcap.link/PREDS>. No login details are required.

Q. When is the deadline for uploading data?



A. All data should be uploaded by midnight on 04/12/2022.

Q. What about cases taking place out of hours?

A. We hope to include all emergency and out of hours cases at each site. On call teams should receive appropriate guidance by local investigators on which patients are eligible for inclusion and how data can be uploaded onto the online data collection form via the weblink.

Q. How do you define “long term steroids”?

A. Any patient who has been on **any dose of oral steroids** for a period of **one month or more prior to the date of their procedure**, should be classed as on long term steroids for the purposes of this study.

Q. Will inhaled or topical steroids count as long-term steroid therapy?

A. No, for this study, only oral or iv steroids will be included as long-term steroid therapy.

Q. What if I routinely use dexamethasone as an anti-emetic?

A. This will be captured appropriately by the online data collection form, in addition to steroid given with the intention of steroid supplementation.