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To whom it may concern,

**The Perioperative Replacement of Exogenous Steroids (PREdS) Study: Evaluating patients presenting for surgery on long term steroids**

I am writing to draw your attention to the upcoming Perioperative Replacement of Exogenous Steroids (PREdS) study. This prospective, multicentre, observational study aims to identify the number of patients presenting for surgical procedures in the UK who are taking oral steroids and determine how steroid replacement is currently being managed in the perioperative period.

This study has been designed by the Severn Trainee Anaesthetic Research (STAR) group and will be co-ordinated and run by trainee led anaesthetic research networks in centres around the country.

We would be incredibly grateful if you and your department could support interested anaesthetic trainees in becoming Local Investigators, including at least one Lead Local Investigator. This will involve publicising the study, co-ordinating data collection of all



patients presenting for surgery at your site within the study window and supporting clinicians with our electronic data collection system. This may require some study leave allocation for those trainees taking a lead role. We will provide the appropriate resources and support to enable the process to run as smoothly as possible, and support will also be provided by your local trainee research network.

This study will provide local anaesthetic trainees with valuable experience in how clinical research is conducted, and hopefully strengthen participation in their trainee research network. All local investigators will be given a certificate of participation for their portfolios and will be appropriately credited in any publications that follow.

All study centres will be provided access to their own data at the end of the study for audit and quality improvement purposes.

**The study requires patients to be recruited over a consecutive 14 day period. This may take place at any time within the study window of 26/09/2022 to 04/12/2022**

If you have any questions about the study, please contact our team via email on [predsstudy@gmail.com](mailto:predsstudy@gmail.com). Further study materials including the full protocol are available on the study website.

Many Thanks for your support.

Yours faithfully,

Dr Ben Gibbison  
Anaesthetic Consultant

Dr Oliver Barker  
Trainee Lead



University Hospitals Bristol and Weston  
Network

Severn Trainee Anaesthetic Research